

2010 CVC Ride Schedule

Weekly Thursday rides are now starting at 5:45 p.m.

Please check the Yahoo Groups Message Board for changes to rides such as weather, cancellations, etc.

Common Meeting Locations:

- Vilas/Arb: Mills Street entrance to the Arboretum
- Olin Park: Parking lot furthest from the lake/boat ramp, directly across from Olin Ave stoplight
- Oak Bank Parking Lot: Corner of Seminole Highway and PD
- Verona PB Parking Lot: Parking lot for the bike trail on County PB

Ride Format: Plan to have an A group and B group of which A will be a faster ride and B a more intermediate (moderate pace) ride. The ride leader will pick the route and then stay with the B group as it is expected that riders in the A group can follow a map and be self-sufficient.

Safety Tips:

- Be courteous and follow the rules of the road. Safety and communication is very important, yell loudly to communicate with other riders.
- "Car up" = Car ahead.
- "Car back" = Car behind.
- Ride single file as much as possible, particularly on busy roads (Seminole Highway, Fitchburg areas in particular).

RIDE SCHEDULE		
Ride Date <i>(Thursdays 5:45pm except where noted)</i>	Location	Ride Leader
May-June 2010		
May 27 th	Oak Bank	Susan M
June 3 rd	Olin Park	Christy D
June 10 th	Vilas/Arb	Renée C
June 17 th	Vilas/Arb	Kim M
June 24 th	Oak Bank	Jeanne M
July 2010		
July 8 th	Oak Bank	Jenni C
July 15 th	Oak Bank	Kim M
July 22 nd	Oak Bank	Susan M
July 29 th	Vilas/Arb	Renée C
August 2010		
August 5 th	Vilas/Arb	Renée C
August 12 th	Olin Park (Small parking lot)	Rebecca H
August 19 th	Oak Bank	Susan M
August 26 th	Cap City Trail Parking Lot-McCoy/Syene <i>(Ice Cream Social Ride, details to follow)</i>	Renée V
September 2010		
September 2 nd	Vilas/Arb	Renée C
September 9 th : Special Event: Cyclocross Clinic	Badger Prairie County Park (Verona) at 6:00pm	Kristin Wentworth <i>(Sponsored by CVC)</i>
September 16 th	Vilas/Arb	Karen P
September 23 rd	Open	Open
September 30 th	Oak Bank	Susan M